

Mon., July 5th

NO MEALS SERVED

Tues., July 6th

Baked Ham in
Pineapple sauce
Sweet Potatoes
Broccoli
Cucumber Salad
Strawberry Shortcake
Rye Bread

Wed., July 7th

Meatloaf
Ketchup
Backwoods Potatoes
Carrot Coins
Diced Pears
Oatmeal Raisin
Cookie
Wheat Bread

Thurs., July 8th

Spaghetti with Meat
sauce
Parmesan Cheese
French Cut Gr. Beans
Tossed Salad w/
Italian Dressing
Lazy Dazy
Oatmeal Cake
Vienna Bread

Fri., July 9th

Baked Chicken
Red Jacket Potatoes
Margarine Pats
Asparagus
3 Bean Salad
Blueberry Torte
Dinner Roll

Mon., July 12th

Roast Beef
Baked Potatoes
Sour Cream / Marg.
Squash
Ice Cream
Purple Plums
Whole Wheat Bread

Tues., July 13th

Hamburger on a Bun
Ketchup / Mustard
Parsley Potatoes
Baked Beans
Sunshine Salad
Hunter's Pudding

Wed., July 14th

Roasted Chicken
Whipped Potatoes
Gravy
Wisconsin Blend Veg.
Tossed Salad w/
French Dressing
Banana Cake
Sourdough Bread

Thurs., July 15th

Ring Bologna
Ketchup
German Potato Salad
Red Cabbage
Applesauce
Peanut Butter Cookie
White Bread

Fri., July 16th

Pork Chop
Gravy
Homemade Dressing
Summer Blend Veg.
Coleslaw
Lemon Bar
Russian Rye Bread

Mon., July 19th

Baked Macaroni and
Cheese
Stewed Tomatoes
Tossed Salad w/
Ranch Dressing
Cherry Crisp
Sourdough Bread

Tues., July 20th

Meatballs in
Mushroom Gravy
Over White Rice
Baby Whole Carrots
Tomato /Onion Salad
Fruit Cocktail Cake
Wheat Bread

Wed., July 21st

BBQ Rib
O'Brien Potatoes
Broccoli
Chilled Peaches
Pineapple Upside
Down Cake
White Bread

Thurs., July 22nd

Southern Fried
Chicken
Dumplings
Gravy
Capri Blend Veg.
Apricots
Sherbet
WW Roll

Fri., July 23rd

Ham loaf
Scalloped Potatoes
Green Beans
Banana
Macaroni Salad
Cornbread Muffin

Mon., July 26th

Chopped Beef Steak
Au Gratin Potatoes
Harvard Beets
Carrot Raisin Salad
Pumpkin Bar
Wheat Bread

Tues., July 27th

Honey Baked
Chicken
Mashed Potatoes
Gravy
Country Blend Veg.
Perfection Salad
Apple Crisp
White Bread

Wed., July 28th

Pork Loin
Whipped Potatoes
Gravy
Rivera Blend Veg.
Pea and Cheese Sald
Ice Cream
Russian Rye

Thurs., July 29th

Beef Tips
Over Noodles
Wax Beans
Fruited Jello
Chocolate Pudding
Sourdough Bread

Fri., July 30th

Pizza Casserole
Whole Kernel Corn
Tossed Salad w/
1000 Island Dressing
Molasses Cookie
Italian Bread

Mon., August 2nd

Pork Chop Suey
Over Rice
Soy Sauce
Chow Mein Noodles
Japanese Blend Veg
Ambrosia Salad
Peach Cobbler
Wheat Bread

Tues., August 3rd

Brat on a Bun
Ketchup/ Mustard
Oven Brown Potatoes
Sauerkraut
Mandarin Oranges
Sherbet

Wed., August 4th

Roast Turkey
Mashed Potatoes
Gravy
Mixed Vegetable
Cranberry Sauce
Carrot Cake w/ cream
Cheese Frosting
Rye Roll

Thurs., August 5th

Sloppy Joes
On a Bun
Peas
Tri-Tators
Pickled Beet Salad
Ranger Cookie

Fri., August 6th

Salisbury Steak
Baked Potatoes
Sour Cream /Marg
Zucchini & Tomato
Tropical Fruit
Birthday Cake
White Bread

**Menus are subject to change*

**2% Milk, and Margarine*

Served with all congregate meals

Esther Mukand-Cerro, R.D., C.D.

Alyson Koehn, FSD